

CT Colonogram Aftercare

After your CT Colonogram procedure

You may return to your normal day to day activities and your normal eating and drinking pattern. We recommend you drink more fluids over the next 2 to 3 days (any fluids you wish).

You may experience a feeling of bloatedness and minor discomfort for up to 2 hours after your procedure. Moving around and returning to your normal diet should help this pass. You may take painkillers if you need to.

However, if you experience any of the following symptoms please seek urgent medical advice from either your GP or Accident and Emergency:

- Severe abdominal pain
- Worsening abdominal discomfort
- Sweating and nausea
- Feeling generally unwell

If you were given Buscopan to relax your bowel muscles during your scan, you may experience some blurring of vision for a short time. If you develop painful blurred vision within 48 hours of your test, you should seek medical advice.

Diabetic Patients

If you are on metformin and had the injection of x-ray dye, it is important you drink plenty of fluids over the next 2 to 3 days as mentioned above. If you are unsure of what to do please contact the Diabetes Nurse Specialist on 01205 445816 or 01205 445695 for advice.

How to get the results of your scan

The results of your scan will go back to the Doctor who sent you for the scan. They should contact you for an appointment if you haven't already got one booked.

CT Department

www.ulh.nhs.uk

References

If you require a full list of references for this leaflet please email patient.information@ulh.nhs.uk
The Trust endeavours to ensure that the information given here is accurate and impartial.

If you require this information in another language, large print, audio (CD or tape) or braille, please e-mail the Patient Information team at patient.information@ulh.nhs.uk